

Host Genetics and COVID-19

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Why consider genetics in
the study of infectious
disease?

If we can understand why people have different outcomes---we will better understand the immune response and eventually exploit this understanding for therapeutics and vaccines.

Our goals...are still to *better understand disease* so we can prevent and treat.

Infectious Disease: A complex trait?

Infectious Disease is a perfect example of a complex trait

- Environmental **Exposure**: Exposure to a pathogen is critical.
- Redundancy and Complexity of the immune system suggest **multiple genes** may be involved in immune response.
- The **pathogen** (virus, bacteria, parasite) may also have **genetic factors** that are important.

Things we look for to see if genetics might be playing a role...

- **Disease Heterogeneity**
 - Not explained by other risk factors (sex, age, comorbidities)
- **Familial aggregation**
 - Hard to assess with infectious diseases because of transmission
- **Pathogen Dose and Environment not major players**

3. Controlling Dose/Pathogen

- We learn from our mistakes...
- 1926, Lubeck Germany
- 249 babies injected with the same live dose of virulent M. tuberculosis instead of BCG.
- Babies too young to have significant prior exposure to mycobacteria, and not previously vaccinated to BCG.
- All got the same strain, same dose.

76 babies died, 173 babies survived

Driven by 2 main questions

Do you get
infected?

Do you get
disease?

What
makes
infectious
diseases
different?

EXPOSURE



Epidemiology and COVID-19

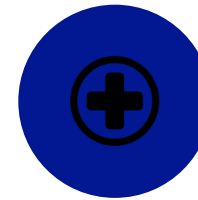
Typical Presentations of COVID-19 for a disease that doesn't seem so typical...



Asymptomatic



Mild Infections



Hospitalized Infections.
Disease progression
with ICU monitoring
and multiple organ
manifestations



Multi-inflammatory
Syndrome
Children and Adults



Post Acute Symptoms
"Long Haulers"

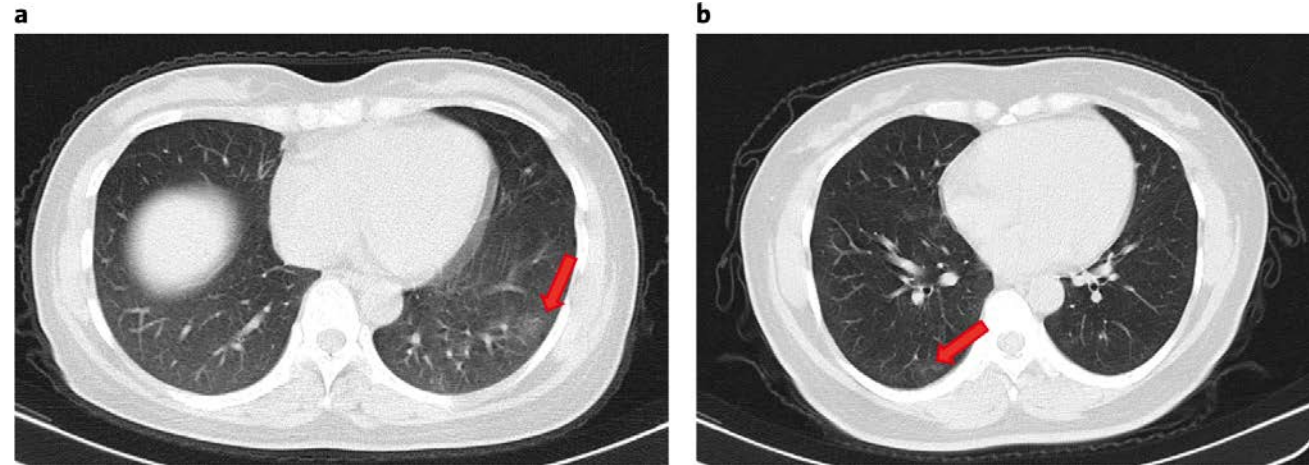
A LOT OF HETEROGENEITY

Asymptomatics & Mild Infections

- Asymptomatic individuals have longer duration of viral shedding
- Asymptomatic individuals have weaker immune response
- Some asymptomatic individuals have organ involvement but with no symptoms (see lungs)
- Mild infections report fatigue, shortness of breath 3 months post infection
- No free pass. Infection across the severity spectrum associated with organ involvement and potentially long term sequelae.

Clinical and immunological assessment of asymptomatic SARS-CoV-2 infections

Quan-Xin Long^{1,8}, Xiao-Jun Tang^{2,8}, Qiu-Lin Shi^{2,8}, Qin Li^{3,8}, Hai-Jun Deng^{1,8}, Jun Yuan¹, Jie-Li Hu¹, Wei Xu², Yong Zhang², Fa-Jin Lv⁴, Kun Su³, Fan Zhang⁵, Jiang Gong⁵, Bo Wu⁶, Xia-Mao Liu⁷, Jin-Jing Li⁷, Jing-Fu Qiu², Juan Chen¹ and Ai-Long Huang¹



Risk Factors for Severe Disease



Older Age

Male Sex

Comorbidities

And yet...

Older people (even 102
years of age) recover

Younger people require
mechanical ventilation
and even die with no
comorbidities.

Race appears to be a
risk factor—but as a
social risk factor *not*
biologic

Viral genetics does not
seem to play a role in
severity of disease, yet.

So is there a place for host genetics?

Do you get infected (susceptibility)?

- This requires *detailed* information on the population under study
- We need to know the non-infected were exposed, and yet still did not get infected

Study Design

- Focus is typically on highly exposed individuals where you can document or infer that individuals were exposed
 - Health Care Workers/First Responders
 - Household members of known cases
 - Intensely followed cohorts (like with STD/HIV high risk individuals)

Do you get disease (severity)?

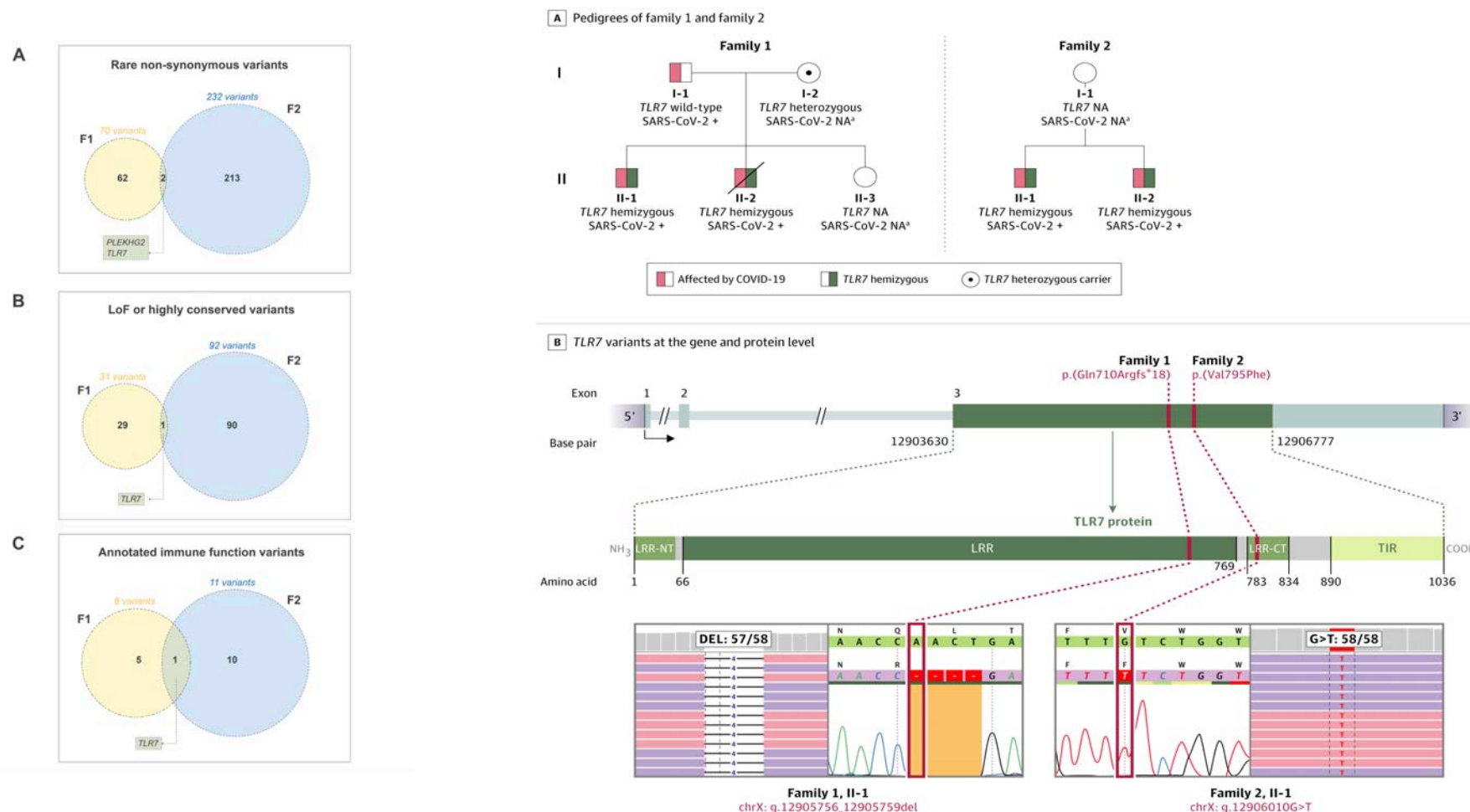
- This is about the *heterogeneity* in disease.

Study Design

- We select cases and controls from among individuals who ALL have the infection
 - asymptomatic to severe/death
 - sample on distribution or extremes
- Otherwise, you are comparing a severe case to someone who may have never had the opportunity to become a severe case.

Types of suitable genetic studies based on underlying hypothesis..

- Rare Disease
 - Family based or multiple affecteds with rare outcomes and exome/WGS
- Common Disease
 - population based GWAS or exome sequencing



Identification of TLR7 Variants in 4 Patients From 2 Families With Severe Coronavirus Disease 2019 (COVID-19) Patients II-1 and II-2 from family 1 lived in separate households, patients II-1 and II-2 from family 2 were housed together. Circles represent female family members; squares, males. A slash symbol represents a deceased individual. Panel B shows the TLR7 variants in each family at the gene and protein level in a schematic representation. The TLR7 protein structure is shown with leucine-rich repeat region (LRR), N- and C-termini (LRR-NT, LRR-CT) and the toll-interleukin receptor (TIR) homology domain. The exon-intron structure depicts the coding exon 3 of TLR7 with the identified variants by exome sequencing and Sanger sequencing validation as shown in the highlighted sections below. Red boxes depict positions of the variants ChrX(GRCh37):g.12905756_12905759del and ChrX(GRCh37):g.12906010G>T. NA indicates not assessed.

^aAt the time of evaluation, testing for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) was not routinely performed.

Inborn errors of type I IFN immunity in patients with life-threatening COVID-19

Qian Zhang¹, Paul Bastard^{2,3*}, Zhiyong Liu^{4*}, Jérémie Le Pen^{4*}, Marcela Moncada-Velez^{5*}, Jie Chen^{1*}, Masato Ogishi^{1*}, Ira K. D. Sabli^{1*}, Stephanie Hodeib^{5*}, Cecilia Korol^{2*}, Jérémie Rosain^{2,3*}, Kaya Bilguvar^{6*}, Junqiang Ye^{7*}, Alexandre Bolze^{8*}, Benedetta Bigio^{1*}, Rui Yang^{1*}, Andrés Augusto Arias^{1,9,10*}, Qinhua Zhou^{1*}, Yu Zhang^{11,12*}, Fanny Onodi¹³, Sarantis Korniotis¹³, Léa Karpf¹³, Quentin Philippot^{2,3}, Marwa Chbihi^{2,3}, Lucie Bonnet-Madin^{1*}, Karim Dorgham¹³, Nikola Smith¹⁶, William M. Schneider⁴, Brandon S. Razooky⁴, Hans-Heinrich Hoffmann⁴, Eleftherios Michailidis⁴, Leen Moens¹⁷, Ji Eun Han¹, Lazaro Lorenzo^{2,3}, Lucy Bizien^{2,3}, Philip Meade¹⁸, Anna-Lena Neehus^{2,3}, Aileen Camille Ugurbil¹, Aurélien Corneau¹⁹, Gaspard Kerner^{2,3}, Peng Zhang¹, Franck Rapaport¹, Yoann Seelthner^{2,3}, Jeremy Manry^{2,3}, Cecile Masson²⁰, Yohann Schmitt²⁰, Agatha Schlüter²¹, Tom Le Voyer^{2,3}, Taushif Khan²², Juan Li¹, Jacques Fellay^{23,24,25}, Lucie Roussel²⁶, Mohammad Shahrooie^{27,28}, Mohammed F. Alosaimi²⁹, Davood Mansouri^{30,31,32}, Haya Al-Saud³³, Fahd Al-Mulla³⁴, Feras Almourfi³⁵, Saleh Zaid Al-Muhsen³⁶, Fahad Alsohime³⁶, Saeed Al Turki^{36,37}, Rana Hasanato³⁸, Diederik van de Beek³⁹, Andrea Biondi⁴⁰, Laura Rachele Bettini⁴⁰, Mariella D'Angelo⁴⁰, Paolo Bonfanti⁴⁰, Luisa Imberti⁴¹, Alessandra Sottini⁴¹, Simone Paghera⁴¹, Eugenia Quiros-Roldan⁴², Camillo Rossi⁴³, Andrew J. Oler⁴⁴, Miranda F. Tompkins⁴⁵, Camille Alba⁴⁶, Isabelle Vandernoot⁴⁶, Jean-Christophe Goffard⁴⁷, Guillaume Smits⁴⁸, Isabelle Migeotte⁴⁹, Filomeen Haerynck⁴⁹, Pere Soler-Palacin⁵⁰, Andrea Martin-Nalda⁵⁰, Roger Colobran⁵¹, Pierre-Emmanuel Morange⁵², Sevgi Keles⁵³, Fatma Çölkesen⁵⁴, Tayfun Özcelik⁵⁵, Kadriye Kart Yasar⁵⁶, Sevtap Senoglu⁵⁸, Şemsi Nur Karabela⁵⁹, Carlos Rodríguez Gallego^{57,58}, Giuseppe Novelli⁵⁹, Sami Hraiech⁶⁰, Yacine Tandjaoui-Lambiotte^{61,62}, Xavier Duval^{63,64}, Cédric Laouénan^{63,64,65}, COVID-STORM Clinicians†, COVID Clinicians†, Imagine COVID Group†, French COVID Cohort Study Group†, CoV-Contact Cohort†, Amsterdam UMC Covid-19 Biobank†, COVID Human Genetic Effort†, NIAID-USUHS/TAGC COVID Immunity Group†, Andrew L. Snow⁶⁶, Clifton L. Dalgard^{66,67}, Joshua Milner⁶⁸, Donald C. Vinh⁶⁹, Trine H. Mogensen^{69,70}, Nico Marr^{72,71}, Andrés N. Spaan^{1,73}, Bertrand Boisson^{1,3,3}, Stéphanie Boisson-Dupuis^{1,2,3}, Jacinta Bustamante^{1,3,3,73}, Anne Puel^{1,2,3}, Michael Ciancanelli^{1,74}, Isabelle Meyts^{17,75}, Tom Maniatis^{7,76}, Vassili Soumelis^{15,77}, Ali Amara^{1*}, Michel Nussenzweig^{78,79}, Adolfo García-Sastre^{18,80,81,82}, Florian Krammer¹⁸, Aurora Pujol²¹, Darragh Duffy¹⁶, Richard Lifton^{83,84,85}‡, Shen-Ying Zhang^{1,2,3}‡, Guy Gorochov¹⁵‡, Vivien Béziat^{1,2,3}‡, Emmanuelle Jouanguy^{1,2,3}‡, Vanessa Sancho-Shimizu³‡, Charles M. Rice⁴‡, Laurent Abel^{1,2,3}‡, Luigi D. Notarangelo^{11,12}§, Aurélie Cobat^{1,2,3}§, Helen C. Su^{11,12}§, Jean-Laurent Casanova^{1,2,3,79,86}§

Testing the hypothesis that severe COVID-19 maybe due to monogenic inborn errors of immunity to SARS_CoV-2 with complete/incomplete penetrance

- Enrolled 659 Patients (74.5% men), different ancestries between the ages of 1 month-99 years (median 52 years), plus 534 COVID-19 mild/asymptomatic controls.
- Sequenced their whole genome n=364 or exome n=295
- Hyp = variants at 13 loci (immune related and previously implicated in influenza severity) may be responsible for outcome.
- Identified 4 unrelated patients with LOF allelic variants of IRF7 or IFNAR1. Further tested overexpression of these genes and identified 8 genes with deleterious mutations
- None of the cases carried the same LOF, but a LOF in the pathway of genes.
- Functional evidence to support this pathway.

Genome Wide Association Studies and COVID-19

- Ellinghaus, NEJM
- Baillie, Nature
- 23&Me, under review
 - <https://www.medrxiv.org/content/10.1101/2020.09.04.20188318v1.full.pdf>
- Ancestry.com, under review
 - <https://www.medrxiv.org/content/10.1101/2020.10.06.20205864v1>



nature > articles > article

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Genetic mechanisms of critical illness in Covid-19

Erola Pairo-Castineira, Sara Clohisey, [...] J. Kenneth Baillie

ORIGINAL ARTICLE

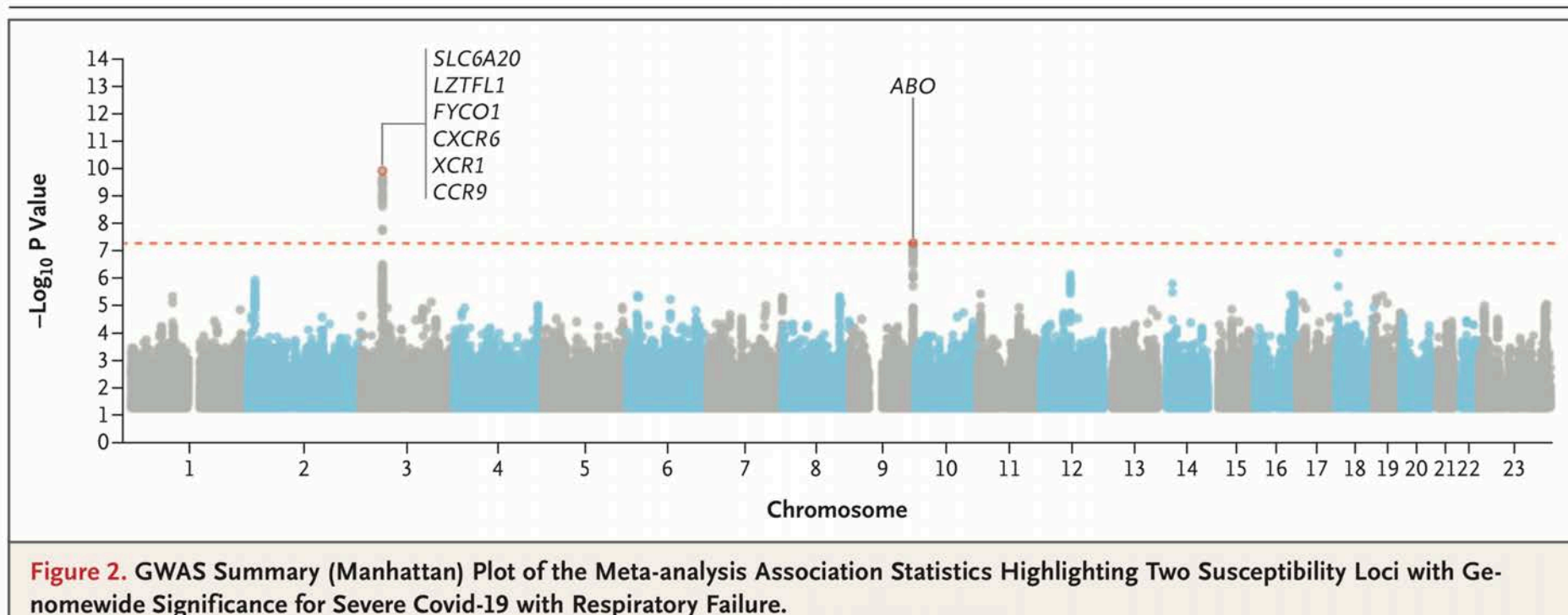
Genomewide Association Study of Severe
Covid-19 with Respiratory Failure

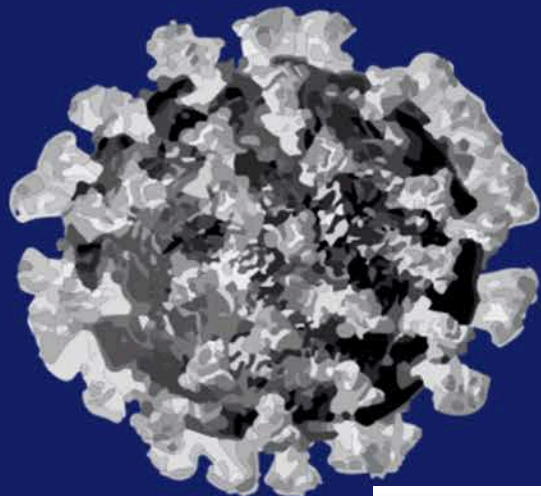
The Severe Covid-19 GWAS Group*

ABSTRACT

Cases: Hospitalized COVID+ * (n=835 Italy/ 775 Spain)
Controls: Population based blood donors or health volunteers
(1255 Italy/950 Spain)

*no information on comorbidities or treatment





The COVID-19 Host Genetics Initiative

COVID-19 Host Genetics Initiative Coordination

Phenotype steering group

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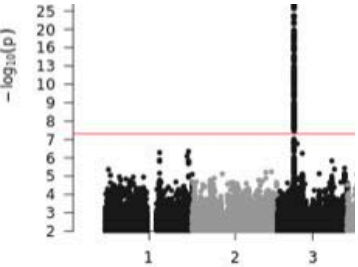
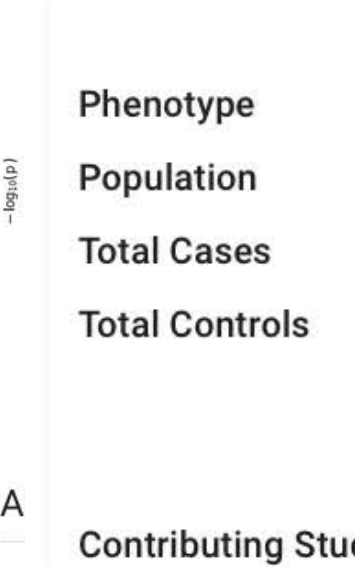
Huy Nguyen
Matthew Solomonson

International Common

Disease Alliance

Amy Trankiem
Kate Balaconis

A1_ALL
Very Severe Respi



Phenotype

Population

Total Cases

Total Controls

Hospitalized covid vs. population

Eur

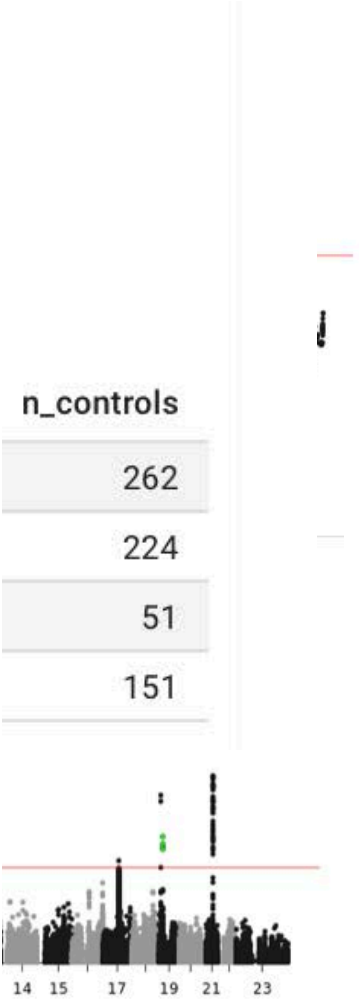
9986

1877672

Name	n_cases	n_controls
BQC19_EUR	244	396
BelCovid_EUR	363	1477
CU_EUR	453	2149
EstBB_EUR	90	196339
FinnGen_FIN	106	238605
GENCOVID_EUR	893	2443
GHS_Freeze_145_EUR	180	112862
LGDB_EUR	57	1531
UCLA_EUR	80	17514
UKBB_EUR	1670	328577
idipaz24genetics_EUR	106	75
Amsterdam_UMC_COVID_study_group_EUR	108	1413
SPGRX_EUR	311	302
DECODE_EUR	89	274322
MVP_EUR	436	2180
HOSTAGE_EUR	1610	2205
23ANDME_EUR	613	680416
BoSCO_EUR	212	512
FHoGID_EUR	362	259
Ancestry_EUR	250	1967
SweCovid_EUR	77	3748
genomicc_EUR	1676	8380

GRCh37 liftover: COVID19_HGI_B2_ALL_eur_leave_23andme_20210107_b37.txt.gz

alized COVID



Summary: GWAS and COVID-19

- **Interesting findings.** Especially, chromosome 3 gene cluster that has been replicated using population controls.
- **But, what does it all mean?** Comparing cases to population controls? Without accounting for exposure, and often co-morbidities. It's a gene for something, but for COVID-19 severity?
- **And COVID-19 susceptibility...**comparing COVID+ to COVID- with no epidemiologic follow up is not ok. The ABO locus finding needs to be considered in this light.
- **Nearly all European ancestry focused studies.** The virus is not focused on one ancestry and yet all the research is...
- **What we need:**
 - Diverse and representative samples to really disentangle what is happening.
 - Understanding who is testing positive and WHY. Social and structural issues are at play in terms of risk and not addressed. Even education emerges in the correlation analyses, but not addressed.

What are we doing at Johns Hopkins?

JHH and Affiliated
Hospitalized Patients



JHH and Affiliated
Ambulatory Patients



Genotyping at CIDR

Main goals:

1. increase diversity of population sampled
2. Severity of infection in light of comorbidities and exposure
3. Cytokine response
4. Antibody response
5. Long Term outcomes

COVID-19.
What should
we look at?

We need to
be driven by
the question.

Rare cases of particular outcomes (MIS-C, MIS-A, clotting, kidney damage)

What makes these individuals different?

Associations with cytokines, inflammatory markers.

Can we identify early associations with biomarkers?

Associations with viral pathogen.

Is there host-pathogen interaction?

Pharmacogenetics for clinical trials.

Does host genetics alter clinical trial meds?

Associations with humoral and T cell immunity?

Does genetics influence the antibody or T cell response to infection or reinfection?

Linking genetics with genomics.

Evaluating genetics, epigenetic, transcriptomics and others to tell a more complete story

In Sum:

We need to
know who
was exposed

Need careful and **comprehensive characterization** of infection and disease.

CONTROLS matter. If you call someone uninfected you need to know they were exposed & still uninfected.

EXISTING RESOURCES: Biobanks, existing case-control studies and cohorts often cannot be used without additional efforts.

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Genes and ID research team at JHSPH

Hannah Manley, Tristan Penson, Cristian Valencia, Dylan Duchon, Rebecca Munday, Steven Clipman, Poonum Korpe, Candelaria Vergara, Genevieve Wojcik



COVIDgene

Johns Hopkins COVID Long Study
www.covid-long.com

COVIDGene Team

Hannah Manley, Tristan Penson, Leon Hsieh, Dylan Duchon, Rebecca Munday, Steven Clipman, Candelaria Vergara, Cristian Valencia, Genevieve Wojcik, Andrea Cox, Chloe Thio, Shruti Mehta, Laura Kasch-Semenza, David Thomas